

DOWNPOUR





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Written and recorded shortly after members of Aberdeen moved to Brooklyn, *Downpour* explores the search for identity. This painful yet rewarding process is mirrored in the cyclical nature of rain and weather. With most song titles stemming from C.F. MacIntyre's translations of various Rainer Maria Rilke poems, the album traces one's sense of identity: from the conception of an idea, through the pitfalls of the creative process and the benefits of having a community for support along the way, to the ultimate acceptance of this cycle.



“**Toward the Sky**” begins at the genesis of the rain cycle: with one droplet of water evaporating upwards from its home in a lake or an ocean, risking its security and sense of self in the pursuit of new ideas. From there, we follow the droplet into “**Clouds Form**,” where one joins with many, creating an atmosphere of support and community again in a new home. The title track “**Downpour**” comes as a cathartic release — an inevitable change and source of pain after a moment of temporary security in the clouds. “**Downpour**” is the inevitable fall after climbing toward the sky, and the realization of the precariousness of changing yourself and your environment. It’s after this realization that we come to “**Still**”, an acceptance of the cycle itself. Along the way, “**Upholds All**” reminds the listener that even in a freefall, there are people to support you and clouds among you to help dampen the fall and guide your direction. **Downpour** is about embracing change and the struggles that come with growth, and appreciating that after each storm, there will always be that smell after the rain, when all is still.

Produced by Brian Plautz, Shubh Saran and Dottie Scharr

Electronic Production by Brian Plautz

Mixed by Pran Bandi

Mastered by Charlie Van Kirk

Album Photography by Noel Woodford

Album Design by Yurou Zeng

01 It Was Here

Written by Brian Plautz

Recorded by Vishal Nayak

at Black Lodge Recording

Percussion recorded by Michael Thomas

at Black Lodge Recording

Trumpet Matt Owens

Alto Saxophone Brian Plautz

Tenor Saxophone Jared Yee

Baritone Saxophone Jared Yee

Trombone Billy Duffy

Electric Guitar Alex Conroy & Shubh Saran

Acoustic Guitar Shubh Saran

Electric Bass Adam Neely

Drum Set Ian Barnett

Percussion Josh Bailey

Vocal Samples Jenn Mundia

02 Toward the Sky

Written by Brian Plautz & Jared Yee

Strings arranged by George Bjorvik & Brian Plautz

Recorded by Vishal Nayak

at Black Lodge Recording

Percussion recorded by Michael Thomas

at Black Lodge Recording

Horns recorded at John Kilgore Sound & Recording

Recording Engineer (Horns) Alex Conroy

Assistant Engineer (Horns) Carlos Mora

Trumpet Matt Owens

Alto Saxophone Brian Plautz

Tenor Saxophone Jared Yee

Trombone Seth Weaver

Violin Sarah Haines & Audrey Hayes

Cello Neal Rosenthal

Electric Guitar Alex Conroy & Shubh Saran

Electric Bass Adam Neely

Drum Set Ian Barnett

Percussion Josh Bailey

Vocal Samples Dottie Scharf

03 Upholds All (ft. Bob Reynolds)

Written by Brian Plautz

Strings arranged by George Bjorvik & Brian Plautz

Recorded by Vishal Nayak

at Black Lodge Recording

Percussion recorded by Michael Thomas

at Black Lodge Recording

Horns recorded at John Kilgore Sound & Recording

Recording Engineer (Horns) Alex Conroy

Assistant Engineer (Horns) Carlos Mora

Trumpet Matt Owens

Alto Saxophone Brian Plautz

Tenor Saxophone Jared Yee

Tenor Saxophone (Solo) Bob Reynolds

Trombone Seth Weaver

Violin Sarah Haines & Audrey Hayes

Cello Neal Rosenthal

Electric Guitar Alex Conroy

Electric and Acoustic Guitars Shubh Saran

Electric Bass Adam Neely

Drum Set Ian Barnett

Percussion Josh Bailey

Vocal Samples Dottie Scharf

04 Unspoken

Written by Alex Conroy & Brian Plautz
Recorded by Vishal Nayak
at Black Lodge Recording
Percussion recorded by Michael Thomas
at Black Lodge Recording

Trumpet Matt Owens
Alto Saxophone Brian Plautz
Tenor Saxophone Jared Yee
Baritone Saxophone Jared Yee
Trombone Billy Duffy
Electric Guitar Alex Conroy & Shubh Saran
Electric Bass Adam Neely
Drum Set Ian Barnett
Percussion Josh Bailey

05 Downpour

Written by Brian Plautz
Strings arranged by George Bjorvik & Brian Plautz
Recorded by Vishal Nayak
at Black Lodge Recording
Percussion recorded by Michael Thomas
at Black Lodge Recording
Horns recorded at John Kilgore Sound & Recording
Recording Engineer (Horns) Alex Conroy
Assistant Engineer (Horns) Carlos Mora

Trumpet Matt Owens
Alto Saxophone Brian Plautz
Flute Brian Plautz
Tenor Saxophone Jared Yee
Baritone Saxophone Jared Yee
Trombone Seth Weaver
Violin Sarah Haines & Audrey Hayes
Cello Neal Rosenthal
Synthesizers Brian Plautz & Shubh Saran
Electric Guitar Alex Conroy & Shubh Saran
Electric Bass Adam Neely
Drum Set Ian Barnett
Percussion Josh Bailey
Rainstick Avanti Dabholkar

06 BKNY

Written by Alex Conroy & Brian Plautz
Recorded by Vishal Nayak
at Black Lodge Recording
Percussion recorded by Michael Thomas
at Black Lodge Recording
Horns recorded at John Kilgore Sound & Recording
Recording Engineer (Horns) Alex Conroy
Assistant Engineer (Horns) Carlos Mora

Trumpet Matt Owens
Alto Saxophone Brian Plautz
Tenor Saxophone (Solo) Jared Yee
Baritone Saxophone Jared Yee
Trombone Seth Weaver
Violin Sarah Haines & Audrey Hayes
Cello Neal Rosenthal
Synthesizers Brian Plautz & Shubh Saran
Electric Guitar Alex Conroy & Shubh Saran
Electric Bass Adam Neely
Drum Set Ian Barnett
Percussion Josh Bailey

07 Clouds Form

Written by Brian Plautz & Shubh Saran
Electronic Production by Brian Plautz & Shubh Saran
Recorded by Vishal Nayak
at Black Lodge Recording
Percussion recorded by Michael Thomas
at Black Lodge Recording
Horns recorded at John Kilgore Sound & Recording
Recording Engineer (Horns) Alex Conroy
Assistant Engineer (Horns) Carlos Mora

Trumpet Matt Owens
Alto Saxophone Brian Plautz
Tenor Saxophone Jared Yee
Baritone Saxophone Jared Yee
Trombone Seth Weaver
French Horn Sara McDonald
Violin Sarah Haines & Audrey Hayes
Cello Neal Rosenthal
Electric Guitar Alex Conroy & Shubh Saran
Electric Bass Adam Neely
Drum Set Ian Barnett
Percussion Josh Bailey
Vocal Samples Dottie Scharr

08 Reprise

Written by Brian Plautz
Recorded by Vishal Nayak
at Black Lodge Recording
Percussion recorded by Michael Thomas
at Black Lodge Recording
Horns recorded at John Kilgore Sound & Recording
Recording Engineer (Horns) Alex Conroy
Assistant Engineer (Horns) Carlos Mora

Trumpet Matt Owens
Alto Saxophone Brian Plautz
Tenor Saxophone Jared Yee
Baritone Saxophone Jared Yee
Trombone Seth Weaver
Violin Sarah Haines & Audrey Hayes
Cello Neal Rosenthal
Electric Guitar Alex Conroy & Shubh Saran
Electric Bass Adam Neely
Drum Set Ian Barnett
Percussion Josh Bailey

09 Still

Written by Alex Conroy & Brian Plautz
Recorded by Vishal Nayak
at Black Lodge Recording
Percussion recorded by Michael Thomas
at Black Lodge Recording

Trumpet Matt Owens
Alto Saxophone Brian Plautz
Tenor Saxophone Jared Yee
Baritone Saxophone Jared Yee
Trombone Billy Duffy
Electric Guitar Alex Conroy & Shubh Saran
Electric Bass Adam Neely
Drum Set Ian Barnett
Percussion Josh Bailey
Vocal Samples Dottie Scharr

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